

PVN122CR: Nutrition

Credit Hours: 2

Clock Hours: 45/0

This course covers functions and food sources of proteins, carbohydrates and fats, and identifies current recommendations for intake. Discussion includes changes in nutrient needs throughout the lifecycle and suggestions to ensure adequate nutrition during each stage of life. Students are introduced to standard diets and modifications of diets for disease processes.

Prerequisites:

PVN101CR, PVN102CR, PVN103CR, PVN104CR, PVN105CR, PVN106CR. Co-Requisite: PVN125CR.